Ardhika Aziz is a self-advocate and a valued member of the community Autism Peer Specialist (CAPS) team at Mental Health Partnerships. He was first diagnosed with autism at the age of three and has always used his diagnosis as an opportunity to make the most out of his experiences. He graduated with a Bachelor's degree in Neuroscience from Temple University this past year and he would like to apply his experience working as a CAPS and materials from his Neuroscience courses to conduct autism research in the future and expand services for individuals on the autism spectrum.